

# LUNCH MENU

## LUNCH DISHES

Soup of the day served with toasted ciabatta	\$14.50
Traditional lasagna served with tossed garden salad	\$19.50
Eggplant parmigiana served with tossed garden salad	\$19.50
Butter chicken served with rice	\$18.50
Chicken Jalfrezi served with fragrant basmati rice	\$18.50
Hungarian beef goulash served with brown rice	\$18.50
Chicken, Mushroom and Leek crepe served with salad	\$17.00
Tuna and sweet corn patties served with tossed garden salad (2 patties)	\$17.50
Traditional Italian meatballs served with tossed green salad (3 meatballs)	\$17.50
Cannelloni of the Day served with tossed garden salad	\$19.50
Quiche of the Day served with salad	\$16.00
- Roasted pumpkin, ricotta and spinach	\$16.00
- Bacon and leek	\$16.00
- Roasted red pepper and goats cheese	\$16.00
Homemade vegetarian pastie with salad and relish	\$15.00
Homemade sausage roll with salad and relish	\$15.00
Homemade pie with salad and relish - Beef or Chicken	\$15.00
B.L.A.T Bagel with Istra bacon, lettuce, avocado & tomato in a toasted bagel	\$14.50

## SANDWICHES & SALADS

Please see display

## SALAD PLATES

1 Salad	\$14.50
2 Salads	\$16.50
3 Salads	\$18.50
4 Salads	\$20.50

Please note: Your choice of 2 side salads with mains add \$2.00

## DRINKS

Coffee	\$3.80
Mug of Coffee	\$4.50
Hot Chocolate	\$4.50
Mug of Hot Chocolate	\$4.80
Chai Latte	\$4.30
Mug of Chai Latte	\$4.80
Baby Chino	\$2.00
- Soy add 50¢	

\*We only use A2 milk

## Selection of teas - T2 Pots

**\$4.00**

*English Breakfast, Earl Grey, Chamomile, Lemongrass and Ginger, Peppermint, Detox blend, Red fancy fruit, Green Tea, Jasmine, Russian Caravan*

Ice Coffee	\$6.50
Iced Chocolate	\$6.50
Milkshakes	\$6.50
Childrens Milkshakes <i>Chocolate, Strawberry, Caramel or Vanilla</i>	\$4.50

## Mineral Water - Plain or Flavoured

Hepburn Springs 275mL	\$4.20
Hepburn Springs 500mL	\$5.50
Hepburn Springs 750mL	\$6.50

## Soft Drinks

Coke/Diet Coke/Coke Zero 330mL	\$4.50
Sprite	\$4.50
Fanta	\$4.50
Phoenix Bottled Juices - <b>organic range</b>	\$4.50

## Juices - Freshly Squeezed

OJ	\$6.00
Seasonal mixed fruit juice	\$8.50
Zinger Juice - <i>Orange, Apple, Pineapple, Carrot &amp; Ginger</i>	\$8.50
Go Vego - <i>Celery, Carrot, Beetroot &amp; Apple</i>	\$8.50
The Hulk - <i>Celery, Apple, Pear, Spinach, Cucumber and a squeeze of lime</i>	\$8.50

## Smoothies all

**\$8.50**

Banana Smoothie	
Mixed Berry Smoothie	

## Dairy free smoothie

*strawberry, mango and banana*

## Wine - Please see your waiter

	gls	btl
White and Red	\$8.50	\$28
Rosé - Chateau Saint Julien	\$9.00	\$35
Coteaux Varois en Provence		
Sparkling	\$8.50	\$32
Beer	\$7.50	