

BREAKFAST MENU

Available Weekdays - 7am to 11.30am

Available Weekends - all day

EGGS

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| - we use free range eggs from Green's Eggs farm | |
| Eggs Benedict | \$16.00 |
| Eggs Florentine | \$16.00 |
| Omelette with Istra ham and Swiss cheese, served with toast & tomato relish | \$16.50 |
| 2 poached or fried eggs on sour dough | \$10.50 |
| Scrambled eggs with chives on sour dough | \$10.50 |
| Julie's breakfast - sautéed spinach, roasted red peppers & fetta served on toasted ciabatta topped with two poached eggs | \$16.50 |
| Ben's Big Breaky - Poached or fried eggs with bacon, baked beans, mushrooms and chipolatas | \$22.50 |

* NOTE: half serves of all eggs; deduct 20% off full price.

TOAST & OTHER

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| B.L.A.T - Bacon, lettuce, avocado, and tomato in a toasted bagel | \$14.50 |
| Meredith - Toasted sourdough with fresh vine ripened tomatoes, roasted red peppers and Meredith goats cheese | \$15.00 |
| Toasted Banana Bread with vanilla ricotta, mixed berry compote and toasted almonds | \$14.50 |
| House made Baked Beans with crumbled feta on toast | \$14.50 |

CEREALS & FRUIT

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| Bircher Muesli - made traditionally and served with grated red and green apple and slivered almonds | \$11.50 |
| Toasted Muesli Trifle - Layers of house made toasted muesli, berry compote and vanilla yoghurt | \$12.00 |
| Vanilla poached pear, fresh berries and banana with yoghurt and a sprinkle of toasted muesli | \$12.50 |
| Porridge with your selection of: | \$11.50 |
| - Banana and honey | |
| - Brown sugar | |
| - Berry compote | |
| - Poached fruit (seasonal add \$2.00) | |

SIDES

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| Multigrain sourdough, White sourdough or Ciabatta | \$6.50 |
| Fruit Toast | \$7.50 |
| Gluten free/multigrain | \$7.50 |
| *All served with house made jam, marmalade, peanut butter or vegemite | |
| Regal Smoked salmon | \$4.50 |
| Istra bacon | \$4.20 |
| House made baked beans | \$4.20 |
| Avocado | \$4.20 |
| Mushrooms | \$4.00 |
| Grilled tomatoes | \$4.00 |
| Spinach | \$4.00 |
| Chipolatas | \$4.00 |
| Hollandaise Sauce | \$3.00 |

DRINKS

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|----------------------|--------|
| Coffee | \$3.80 |
| Mug of Coffee | \$4.50 |
| Hot Chocolate | \$4.50 |
| Mug of Hot Chocolate | \$4.80 |
| Chai Latte | \$4.30 |
| Mug of Chai Latte | \$4.80 |
| Baby Chino | \$2.00 |
| - Soy add 50¢ | |

*We only use A2 milk

Selection of teas - T2 Pots

\$4.00

English Breakfast, Earl Grey, Chamomile, Lemongrass and Ginger, Peppermint, Detox blend, Red fancy fruit, Green Tea, Jasmine, Russian Caravan

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| Ice Coffee | \$6.50 |
| Iced Chocolate | \$6.50 |
| Milkshakes | \$6.50 |
| Childrens Milkshakes | \$4.50 |
| <i>Chocolate, Strawberry, Caramel or Vanilla</i> | |

Mineral Water

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| Hepburn Springs 275mL | \$4.20 |
| Hepburn Springs 500mL | \$5.50 |
| Hepburn Springs 750mL | \$6.50 |

Soft Drinks

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| Coke/Diet Coke/Coke Zero 330mL | \$4.50 |
| Sprite | \$4.50 |
| Fanta | \$4.50 |
| Phoenix Bottled Juices - organic range | \$4.50 |

Juices - Freshly Squeezed

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| OJ | \$6.00 |
| Seasonal mixed fruit juice | \$8.50 |
| Zinger Juice - <i>Orange, Apple, Pineapple, Carrot & Ginger</i> | \$8.50 |
| Go Vego - <i>Celery, Carrot, Beetroot & Apple</i> | \$8.50 |
| The Hulk - <i>Celery, Apple, Pear, Spinach, Cucumber and a squeeze of lime</i> | \$8.50 |

Smoothies all

\$8.50

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|-------------------------------------|--|
| Banana Smoothie | |
| Mixed Berry Smoothie | |
| Dairy free smoothie | |
| <i>strawberry, mango and banana</i> | |